

1.10 初级视奏练习

对于初学者来讲，把五线谱对应到吉他的位置这一环节是一个很困难的事情，因此本教材增加了一些视奏的内容。目的就是让学员熟悉五线谱与吉他之间的关系，因此这个练习并没有对照六线谱。

1. ①、②弦练习

Exercise 1 consists of two staves of music in 4/4 time. The first staff contains two measures of music. The first measure has notes on the first and second strings (m, i) with fingerings 0, 1, 3, 3, 1, 0. The second measure has notes on the first and second strings (m, i) with fingerings 1, 3, 0, 0, 3, m. The second staff also contains two measures. The first measure has notes on the first and second strings (m, i) with fingerings 0, 1, 3, 3, 1, 0. The second measure has notes on the first and second strings (m, i) with fingerings 0, 3, 1, 3, 0, m. Circled numbers 1 and 2 are placed above the staves to indicate the strings being used.

2. ①、②、③弦练习

Exercise 2 consists of two staves of music in 4/4 time. The first staff contains two measures. The first measure has notes on the first, second, and third strings (m, i, m) with fingerings 1, 0, 2, 2, 0, m. The second measure has notes on the first, second, and third strings (m, i, m) with fingerings 1, 0, 3, 1, 0, m. The second staff contains two measures. The first measure has notes on the first, second, and third strings (m) with fingerings 0, 2, 0, 1, 3, 0, 3. The second measure has notes on the first, second, and third strings (m) with fingerings 0, 3, 2, 0, 1, 0, 1. Circled numbers 1, 2, and 3 are placed above the staves to indicate the strings being used.

3. ②、③、④弦练习

Exercise 3 consists of two staves of music in 4/4 time. The first staff contains two measures. The first measure has notes on the second, third, and fourth strings (m, i, m) with fingerings 0, 2, 3, 0, 2, m. The second measure has notes on the second, third, and fourth strings (m, i) with fingerings 2, 3, 0, 2, 3, i. The second staff contains two measures. The first measure has notes on the second, third, and fourth strings (m) with fingerings 2, 3, 2, 0, 2, 3, 4. The second measure has notes on the second, third, and fourth strings (m) with fingerings 2, 3, 4, 3, 0, 2, 1. Circled numbers 2, 3, and 4 are placed above the staves to indicate the strings being used.

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4. ③、④、⑤弦练习

4. ③、④、⑤弦练习

5. ③、④、⑤弦练习

5. ③、④、⑤弦练习

6. ④、⑤、⑥弦练习

6. ④、⑤、⑥弦练习

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7. C 大调视奏练习 1 (低把位全部音阶的视奏练习)

The image displays five systems of musical notation for a C major scale exercise. Each system consists of a treble clef staff with notes and a guitar tablature staff with fret numbers. Fingerings are indicated by numbers 1-4 above notes, and dynamics like 'p' are shown below notes. The exercise covers both ascending and descending scales across five systems.

低音弦的慢速单音经常用拇指演奏，但是快速单音旋律用拇指演奏往往力不从心，因此改用 mi 指交替来完成既可以保持速度，又可以与高音弦的旋律保持统一的音色。因此把这个技术练好是必须的。下面的练习前面用拇指演奏低音弦，后面改用 mi 交替，熟悉以后可以全部用 mi 交替演奏。

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C 大调视奏练习 2

1 0 3 0 1 0 0 2 0 1 0 2 3 1 3 0 1 0 3 3 2 3 0 2 3 0 2 3

1 0 3 0 1 0 0 2 0 1 0 2 3 2 3 0 0 1 2 3 0 0 1 3 0 1 1 0 3

2 0 1 3 3 1 0 1 3 0 0 3 1 3 0 1 1 0 3 0 1 3 3 1 0

0 0 3 1 1 0 2 2 0 3 3 2 0 3 2 3 0 2 3 0 2 0 3 2 0 2 3 0

3 2 0 1 0 3 0 3 2 0 1 0 3 2 3 1 0 1 0 3 3 0 1 3 1 0 1 0 2 1 2 0

3 2 3 2 0 3 0 3 2 0 2 0 3 2 0 3 2 0 3 2 0 3 0 3 1 0 3 1 0

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Two systems of musical notation for guitar. Each system consists of a treble clef staff with a melody and a guitar tablature staff below it. The first system has 8 measures, and the second system has 8 measures. The tablature uses numbers 0-3 to indicate fret positions.

把乐谱变成音乐，需要练习视奏，也就是看着乐谱立刻把它演奏下来，这时需要两方面的能力一个是对乐谱的熟悉，另外就是对乐器的熟悉与掌握程度。这个练习就可以帮助你更进一步掌握视奏能力，注意力要集中，不需要速度，只要能够不停顿即可。

半音阶练习

Two systems of musical notation for guitar, labeled "半音阶练习" (Half-tone exercise). Each system consists of a treble clef staff with a melody and a guitar tablature staff below it. The first system is in C major and the second is in B-flat major. The tablature uses numbers 0-4 to indicate fret positions.

吉他是 12 平均律乐器，可以演奏出半音阶。这个练习还可以平均锻炼每一个左手手指。需要注意的是换弦的时候不能听出速度、音色有过大变化的痕迹，要经常练习它作为一种热身，速度逐步加快。练习半音阶的时候左手手指依次按下去不要抬起来，左右手的同步也是非常重要的，做好了同步才可以保持声音的连续不间断。

吉他上相邻的品都是半音关系，升号比原来的音多一个品，降号比原音少一个品。识谱时最好记住。

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有升降记号的视奏练习

3 2 0 1 | 3 0 2 4 | 0 0 2 0 | 0 2 0 2 | 3 2 4 2 | 3 0 2 4 | 5 0 2 0 | 2 0 2 4

0 0 1 0 | 2 4 1 3 | 0 3 0 2 | 1 2 0 2 | 0 2 1 0 | 2 2 0 | 2 3 1 | 4 1 2 3

1 3 3 2 | 0 3 3 3 | 1 4 1 3 | 3 1 3 0 | 1 3 0 2 | 1 0 3 4 | 0 0 3 2 | 3 1 1 1

1指横按

1 1 2 1 | 3 3 0 0 | 0 2 3 1 | 0 3 4 0 | 0 1 1 2 | 2 3 4 0 | 0 3 0 2 | 3 1 3